

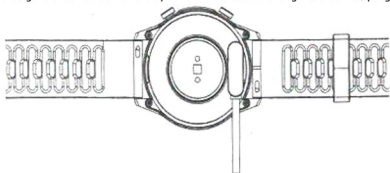
1. Download the application.

Scan the QR code to download and install the application.



2. Charge and activate.

Charge the device to wake it up before first use. To charge the device, plug the charging cable into the adapter or into the USB port of your computer.



3. Pairing.

3.1. Open the app and set up your profile.

3.2. Go to "Device", click "Add Device"

3.3. Choose your device from the scan list.

3.4. Finalize.

The MAC address on the "Settings" - "About" page, can help you identify your device in the scan list.

On Apple phones, you need to search for Z08 via Bluetooth and connect to use the call function.

4. Use the touch screen.

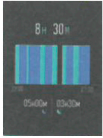


5. Phone call.

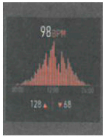
After connecting the smart watch to the phone, you can use the watch to control the phone to make calls and answer calls. You can also view the call history of the watch. You must keep the connection between the watch and the phone stable when using the phone call function.



6. Functions.



Sleep: If you wear the smartwatch to sleep, you can provide the sleep hours and quality of sleep statistics both on the screen and in the app. Sleep stats are reset to zero at 8:00 pm



Heart rate: the smart watch can record your heart rate all day. You can also touch the page to start measuring your heart rate.



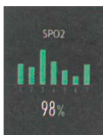
Sports: The smart watch automatically records your steps on the screen. Your movement log is reset to zero at midnight.



Training: Touch the training icon in the menu to start a new training measurement record. There are 8 sport modes to choose from. The last training record will be displayed on the training page.



Blood pressure: tap on the blood pressure page to start the blood pressure measurement. On the blood pressure page, you can display the blood pressure measurement data of the last times.



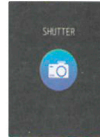
SpO2 Blood Oxygen: Touch on the SpO2 page to start measuring your blood oxygen. On the SpO2 page, you can see the blood oxygen measurement of the last times.



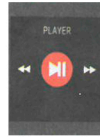
Weather: You can display current and next day weather information on the Weather page. The weather information is synchronized after connecting with the App, it will not update after a long time disconnected.



Message notification: The device can synchronize incoming notifications from Twitter, Facebook, WhatsApp, Instagram, etc ... The 5 recent messages will be stored. You can enable / disable the incoming notification in the app.



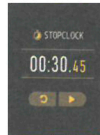
Remote shutter: After connecting the device, you can remotely control the camera on your phone.



Music control: After connecting the device, you can remotely control the music player on your phone.



Other functions: Other functions include stopwatch, alarm, timer, brightness, silent mode, theater mode, factory reset, shutdown and about.



Stopwatch: Tap the start button on the stopwatch page to start timing and tap the stop button to stop the stopwatch.



Silent alarm: Set the alarm in the app, the device will vibrate to notify you in time.



Theater mode: The device will turn off the vibration and lower the brightness when you activate the theater mode. You can activate / deactivate theater mode in the control center.



Movement reminder: The device will vibrate to remind you to relax after 1 hour sitting. You can enable / disable the feature in the app.



Reminder to drink: The device will remind you that it is time to drink some water, at the scheduled time to drink. You can adjust the function in the app.

7. Knowing your device.

7.1. Using in humid conditions.

Your device is waterproof, which means it is rain and splash proof and can withstand even the most sweaty workout.

Note: Do not swim with the smartwatch. We also do not recommend showering with your watch, although the water will not harm the device, wearing it 24/7 does not give your skin a chance to breathe. Whenever you get your watch wet, dry it well before wearing it again.

7.2. Using the quick view.

With quick view you can see the time or your phone messages on your smartwatch without touching. Just turn your wrist towards you and the time display will appear for a few seconds.

8. General information and specifications.

8.1. Environmental conditions:

Operating temperature: 14°F to 122°F (-10°C to 50°C)

Non-operating temperature: -4°F to 140°F (-20°C to 60°C)

8.2. Size:

Fits a wrist between 5.5 and 7.7 inches in circumference.

8.3. Disposal and recycling:

Please note that it is the consumer's responsibility to properly dispose of and recycle the smartwatch and its accompanying components. Please do not dispose of the smartwatch with ordinary household garbage, the smartwatch unit is considered electronic waste and should be disposed of at your local electronic equipment collection facility.

For more information, contact your local electronic equipment waste management authority or the retailer where you purchased the product.