

1. Download the App.
Scan the QR code, download and install the App.

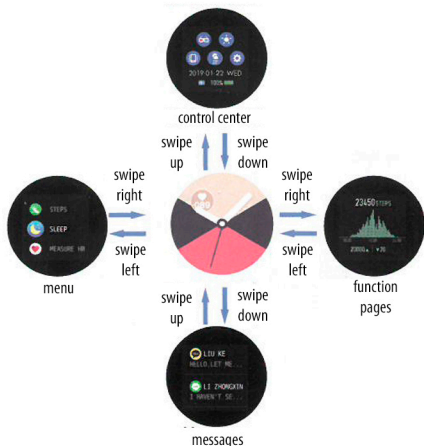


2. Charging and activation.
Charge the device to be active before using it for the first time; To charge your device, connect the charging cable to the adapter or to your computer's USB port.

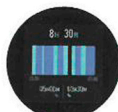


3. Pairing.
 - 3.1. Open the app and set up your profile.
 - 3.2. Go to "Device", click "Add Device".
 - 3.3. Choose your device from the list.
 - 3.4. Finalize.
 The MAC address on the "Settings" - "About" page can help you identify your device in the list.

4. Use the touch screen.



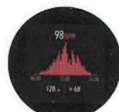
4. Smart watch functions.



Dream.
If you continue to wear a smartwatch while you sleep, you can provide your sleep hours and sleep quality statistics both on the screen and in the app. Sleep statistics are reset to zero at 8:00 PM.



Sport.
The smart watch automatically tracks your steps on the screen. His movement stats are reset to zero at midnight.



Heart rate test.
The smart watch can record your daily heart rate. You can also touch the page to start measuring your heart rate.



Training.
Touch the training icon in the menu to start a new training measurement recording, there are 8 sport modes to choose from. The latest training recording will be displayed on the training page.



Blood pressure test.
Touch the blood pressure page to start measuring your blood pressure. On the blood pressure page, you can display the recently measured blood pressure data.



Weather.
It could display the current weather information and tomorrow's weather information on the weather page. Weather information is synced after connecting with the app, it will not update after long disconnection.



Blood oxygen test.
Touch SpO2. On the SpO2 page, you can display the measured SpO2 data of the latest times.



Message reminder.
The device can sync incoming notifications from Twitter, Facebook, WhatsApp, Instagram, etc... The last 5 messages can be stored. You can enable / disable the incoming notification in the app.



Remote Shooting.
After connecting your device, you can remotely control your phone's photo camera.



Other functions.
Other features include stopwatch, alarm, timer, brightness, mute on / off, theater mode, factory reset, shutdown, and more.



Music control.
After connecting the device, you can remotely control the music player on your phone.



Stopwatch
Tap the start button on the stopwatch page to start timing and tap the stop button to stop the stopwatch.



Silent alarm
Set the alarm in the APP, the device will vibrate to remind you in time.



Remember to move.
The device will vibrate to remind you to move after 1 hour sitting. You can enable / disable the feature in the app.



Theater mode.
The device will turn off the vibration and lower the brightness when theater mode is on. You can activate / deactivate theater mode in the control center.



Remember to drink.
The smart watch will remind you "It's time to drink some water" at your scheduled drinking time. You can configure the function in the app.

5. Knowing your device.

5.1. Use in humid conditions.

Your device is waterproof, which means it is rain and splash proof and can withstand even the most sweaty workout.

Don't swim with your smart bracelet. We also do not recommend showering with your bracelet; Although the water will not harm the device, using it 24/7 does not give the skin a chance to breathe. Whenever you get your bracelet wet, dry it well before putting it back on.

5.2. Use quick view.

With the quick view, you can check the time or your phone message on your smart bracelet without recording. Just turn your wrist towards you and the time screen will appear for a few seconds.

5.3. Environmental conditions.

Operating temperature: 14°F to 122°F (-10°C to 50°C)

Non-operating temperature: -4°F to 140°F (-20°C to 60°C)

5.4. Size:

Fit to wrist between 5.5" and 7.7" in circumference.

5.5. Disposal and recycling.

Please note that it is the consumer's responsibility to properly dispose of and recycle the smart bracelet and its accompanying components. Please do not dispose of the smart bracelet with ordinary household garbage, the smart bracelet unit is considered electronic waste and should be disposed of at your local electronic equipment collection facility. For more information, contact your local electronic equipment waste management authority or the retailer where you purchased the product.