

#### 1. Download the App.

Scan the following QR code, download and install the app "DaFit".

The mobile phone operating system requirements are:

Android 6.0 and above / IOS 9.0 and above/ Bluetooth 4.0

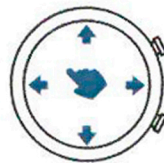


In the Dial interface:

1. Sliding down will show basic information.
2. Sliding up will show notification.
3. Sliding left will enter to main function interface.
4. Sliding right will enter to menu.

Power button (up button): Long pressing the button for 3 seconds to turn on the watch, turn off the screen by pressing it once.

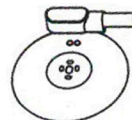
Back button (down button): Long pressing the button to enter sports interface, turn back to previous menu by pressing it once.



#### 2. Charging and activation.

It can be activated by charging before using the watch for the first time.

Use the attached magnetic charging cable to attract the metal pin on the back of the watch, and connect the other end of the charging cable to the SV1A USB charging head or computer USB port.



#### 3. Pairing.

1. Open the app and set up your profile.
  2. Go to the "device", click "add a device".
  3. Choose your device on the scanning list.
  4. Finish.
- 3.1. In the Dial interface, sliding down to show the basic information, click settings-about, to check the MAC address of the watch, you can determine your device by the MAC address in the device list.
  - 3.2. After successfully bounded, each time you open the app, the watch will automatically connect with the mobile phone, and the data can be synchronized by pulling down on the data page.
- #### 4. Dial settings.
1. By pressing and holding for 3 seconds on the dial interface to switch different styles of dial.
  2. After the Bluetooth successfully connected, enter App - Watch faces - Dial 4, to customize watch face.
  3. After the Bluetooth successfully connected, enter App - Watch faces - Discover more dials, to find more in cloud server.

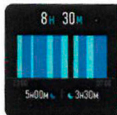
#### 5. Smart watch features.



**Pedometer.**

Record the steps in 24 hours and the steps in each period.

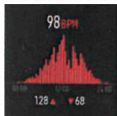
More details data could be viewed in the app.



**Sleep monitor.**

Record and display the total duration of sleep and the duration of deep sleep & light sleep.

More detailed analysis data & record could be viewed in the app.

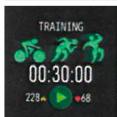


**Heart rate.**

Before getting the heart rate, make sure you have your watch on your wrist. To get a good result, gently press the watch to your skin. Then, tap the heart rate icon to start the test and try not to move until the result appears on the screen.

In the heart rate interface, view the heart rate data for real-time & each period.

More detailed analysis data & record could be viewed in the app.



**Exercise.**

In the exercise interface, click the start icon to select the exercise mode, includes 8 sports modes for walking, running, cycling, skipping, badminton, basketball, football, swimming.

In the exercise interface, view time, steps, heart rate, calories, mileage and other data, there are difference data contents according to different exercise mode.

More detailed analysis data & record could be viewed in the app.



#### Weather.

Check weather real-time temperature & temperature range, sliding up to view weekly weather forecast. Weather info is synced after connecting with the app, it will not be updated after a long disconnected.



#### Message pushing.

Notification pushing could be shown on the watch, you could turn on/off the pushing in app. The latest 5 message could be recorded in the watch.



#### Remote shutter.

After connecting the app, the watch can control the camera on your phone. Open shutter in the app, and then in the shutter interface, click icon to control the camera.



#### Alarm.

Set up the alarm in the app, up to 3 alarms can be set. When the time's up, the watch will display an alarm icon and vibrating.



#### Music control.

After connecting the phone, the watch can control the music player on your phone. Remote control to play/pause, previous and next.



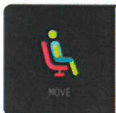
#### Other functions.

Includes stopwatch, alarm, timer, brightness, vibration, theater mode, factory reset, power off, about, app download QR code, etc...



#### Stopwatch.

Click on the stopwatch icon to start a timer, click again to stop the timer.



#### Sedentary reminder.

Turn on sedentary reminder in app after connected. After sitting for 1 hour, the watch will remind you to get up and walk.

## 6. FAQ.

### 6.1. Why I can't wear a watch when taking a hot showering?

The temperature during the showering is relatively high, a lot of water vapor will be generated.

### 6.2. Why the watch can't receive message pushing?

Confirm turn on the pushing allowance in the app.

Confirm the notification could be shown on your phone. If there is no message shown on your phone, the watch will not receive the pushing either.